

Temple Kol Ami

Bagels & Basics

An Adult Education Program



EVERYONE IS WELCOME TO ATTEND!!!

~Stretch your brain and learn with us in an informal setting
while your children are in Religious School~

Sunday, March 7, 2010 at 11:00 am

*Steer Yourself Out of a Rut:
How to Create the Changes You Desire*

TKA Member Denise Jacob, an RN with a PhD in Nursing,
certification in Hypnotherapy, and training in Healing
Touch, will lead this informal session